

## BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY

## NANI-NAROLI SPLIT-UP SYLLABUS – 2025-2026

Std . VIII

Subject : Hindi

Sr. No.	Month	No. & Name of Chapter & Shor	No. & Name of Chapter & Short form of book		Workin g Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
		1. लाख की चूड़ियाँ		6		Periodic Test - I	
1	April -2025	2. बस की यात्रा	वसंत भाग – ३	5	23	1. लाख की चूड़ियाँ	
	Артт -2023	3. दीवानों की हस्ती		4		<ul><li>2. बस की यात्रा</li><li>3. दीवानों की हस्ती</li><li>4. भगवान के डाकिए</li></ul>	
		<u>व्याकरण</u> :- शब्द ,पद एवं पदबंध	सरस्वती व्याकरण निधि	5			
2	May - 2025	<u>व्याकरण</u> :- वाक्य एवं उसके प्रकार (रचना के आधार पर)	सरस्वती व्याकरण निधि	3	3	5. क्या निराश हुआ जाए <u>व्याकरण</u> :- शब्द ,पद एवं	
		<u>व्याकरण</u> :- वाक्य रूपांतरण(रचना के आधार पर)	सरस्वती व्याकरण निधि	3		पदबंध , वाक्य के प्रकार, वाक्य परिवर्तन, वाच्य एवं वाच्य परिवर्तन , अपठित गद्यांश ,	
3	June-2025	4. भगवान के डाकिए	वसंत भाग – ३	5	19	अनुच्छेद लेखन , पत्र लेखन	
		5. क्या निराश हुआ जाए	वसंत भाग – ३	6			
		पुनरावर्तन – Periodic Te	est - I	5			
4	July – 2025	6. यह सबसे कठिन समय नहीं	वसंत भाग – ३	4	27		

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		व्याकरण :- पत्र लेखन , संवाद लेखन	सरस्वती	5			
		<u>व्याकरण</u> :- वाच्य प्रकार , वाच्य परिवर्तन , मुहावरे	व्याकरण निधि	7			
		भारत की ख़ोज - अध्याय -1 to 4	भारत की ख़ोज	6			
		Assessment of speaking and listening Skills.		6			
5	August –	पुनरावर्तन & Term Assessment - I	सरस्वती व्याकरण निधि	4	22		
	2025	व्याकरण – क्रिया के काल , चि	वर्णन	6			
		पुनरावर्तन		5			
	Sept. –	पुनरावर्तन & Term Assessment – I			22		
6	2025	7. कबीर की साखियाँ			23		
	Ootoboo	8. सुदामा चरित	वसंत भाग – ३	5		Periodic Test - II	
7	October- 2025	<u>व्याकरण</u> :- पद-परिचय ,	सरस्वती	5	11	7. कबीर की सखियाँ	
		विज्ञापन रचना	व्याकरण निधि	3		8. सुदामा चरित	
		9. जहाँ पहिया है		4		9. जहाँ पहिया है	
		10. अकबरी लोटा	वसंत भाग – ३	6		10. अकबरी लोटा	
8	November - 2025	व्याकरण :- समास एवं उसके प्रकार		4	23	व्याकरण – पद-परिचय , समास एवं उसके प्रकार , संधि	
	2025	व्याकरण :- संधि एवं उसके प्रकार	सरस्वती व्याकरण निधि	5		एवं उसके प्रकार , अपठित गद्यांश , विज्ञापन रचना ,	
		लघु-कहानी लेखन , पुनरावर्तन		4		गद्यारा , ।वज्ञापन रचना , लघु-कहानी लेखन	

9	Dec . 2025	11. सूरदास के पद	वसंत भाग - ३	5	26	
		भारत की खोज अध्याय – 5 to 9	भारत की खोज	8	20	
		व्याकरण – अलंकार	सरस्वती व्याकरण निधि	8		
		12. पानी की कहानी		5		
10	January – 2026	13. बाज और साँप	वसंत भाग – ३	6	23	
		Assessment of Speaking and Listening Skills.				
		पुनरावर्तन				
11	Feb. 2026	पुनरावर्तन & Term Assessment-II			24	
12	March 2026	Term Assess	ment-II		21	

Name of subject Teacher : Dr. Jitendra Makwana

Sign. : Mr. Vaibhav Agarwal
Principal



# BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY NANI NAROLI

SPLIT-UP SYLLABUS - 2025-2026

Std: VIII Tapi& Narmada SUB:ENGLISH

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic Tests	Activities
1	April& May 2025	L1. The Best Christmas Present in the World - Honeydew(HD) P1. The Ant and the Cricket –Poem HD L1.How Camel got his Hump Supp. Reader Grammar: L.1, 2& 3 Writing Skills: Formal Letter – Inquiry letter L2. Children at Work -Supp. Reader	6 2 4 6 4 4	23 + 3		Role Play: The writer at the Junk Shop. Dialogue Writing: Between the writer and Connie. Story Writing: Fable writing
2	June2025	L2. The Tsunami – <b>Honeydew HD</b> P2. Geography Lesson – <b>Poem HD</b> Grammar: L.4 Writing Skills:Order placing &Report Revision forPT - I	6 2 4 4 3	19		Holiday Homework: Zine Making: Tsunami (Collect pictures and information and make a Zine)
3	July 2025	L3. Glimpses of the Past – <b>Honeydew HD</b> L3. The Selfish Giant - <b>Supp. Reader</b> Grammar:L.5, 6 & 7 ASL – Assessment in pairs ( Term I )	6 4 6 6	7 + 20	PT – IHoneydew: L1 & L2 P1& P2 Supp. Reader: L1 & L2 Grammar: L. 1 to 4	Comic Book Writing
4	August 2025	L4.Bepin Choudhury's Lapse of MemoryHD P4. Last Bargain - Poem HD L4. The Treasure Within -Supp. Reader Grammar: L. 8, 9 & 10 Revision for Term I	6 2 4 8 2	22		Public Speaking: Speak About the "Treasure" hidden within you.  What Next after L.4
5	September 2025	Revision for Term I Term I Exam L5. The Summit Within – <b>Honeydew HD</b>	4 16 5	25	TERM-IHoneydew: L1 to L4& P1 to P4 Supp. Reader: L1 to L4 Grammar: L 1 to 10	Public Speaking: Speak About the unconquered "Summits" within you.



Std: VIII Tapi& Narmada SUB:ENGLISH

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Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Activities
6	October 2025	P5. The School Boy - <b>Poem HD</b> L5. Princess September - <b>Supp. Reader</b> Grammar: L.11& 12	2 4 5	11		Mono Acting – A School going Child
7	November 2025	L6. This is Jody's Fawn – <b>Honeydew HD</b> L6. The Fight – <b>Supp. Reader</b> L7. A Visit to Cambridge - <b>Honeydew HD</b> Grammar: L.13 & 14 Revision for PT – II	5 4 5 4 3	21		Home Remedies for various ailments.  Debate – Disability is a Curse
8	December 2025	L7. Jalebis - <b>Supp. Reader</b> L8. A Short Monsoon Diary – <b>Honeydew</b> P8. On the Grasshopper and Cricket <b>HD</b> Grammar: L.15, 16& 17 Writing Skill: Essay Writing	4 6 3 8 5	7 + 19	PT-IIHoneydew: L5 & L6 P5 Supp. Reader: L5 & L6 Grammar:	Process Writing: Making of Jalebis or your favourite food.  Poem Writing: Insects
9	January 2026	L8. Ancient Education System of India – Supp. Reader Grammar: L.18, 19 &20 ASL – Assessment in pairs+ (Writing Skill – Revision)	5 8 6	23		Expressing your Point of View: The better of the two Education Systems.
10	February 2026	Writing Skill Revision & Grammar: L.24 Revision for Term II Term II Exam	5 10 9	15 + 9		
11	March202	Term II Exam Result Preparation Session Break	8 7 6	21	TERM – II Honeydew: L5 to L8 & P5 & P8 Supp. Reader: L 5 to L8 Integrated Grammar	

Name & Sign of Subject Teacher.:



# **GUJARATI CLASS VIII [TERM: I]**

	GUJARATI CLASS VIII [TERM: I]										
Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Period required	Period Allotted	Portion for Worksheet & Evaluation	Activitys						
April/May	Chapter No.1to3 & Nibandhalekhan,	2/2/2/2	10		કવિતા ગાન						
June	Chapter No.4  Vyakaran & Chitravarnan  Revision & ARTHAGRAHAN	2/1/1/2	6		ધાર્મિક તફેવાર નોંધ તૈયાર કરવી						
July	Chapter No.5 & 6, કફેવતો	3/2/2	8	PT:I :-chap.no.1 to 5 વ્યાકરણ & સંરયાનાત્મક લેખન	જૂની કહેવતોની યાદી બનાવવી						
August	Chap.No.7 & 8, Patralekhan	3/2/2	7		પત્રલેખન						
September	Arthagrahan & Revision TERM.I EXAM	2/1/2	4	TERM:I:-ch. 1 to 8 Vyakaran & સંરચાનાત્મક લેખન	સંરયનાત્મક લેખન						

	GUJARATI CLASS VIII [TERM : II]								
Oct./Nov.	Chapter No.9 to 12; Patralekhan, Vyakaran & <b>Revision</b>	2/2 & 4/3	4 & 7		મારું સ્વપ્ન				
December	Chap.No.13 & 14 Nibandhalekhan	3/2/2	7	PT:II :-chap.no.9 to 13 Vyakaran & Nibandh	યાડીયા પર ક્ષેત્રકાર્ય				
January	Ch.No.15 & 16, <b>Revision ARTHAGRAHAN</b>	4/4	8		શેરીની રમત				
February	Sanvad lekhan & vakya ane vakyana prakar, Revision TERM.II EXAM	1/5	6	TERM:II: Chap.no.9 to 15 Vyakaran & સંરચાનાત્મક લેખન	ઋતુઓનું પ્રાકૃતિક સૌંદર્ય દર્શાવતું કોલાઝ વર્ક				
March	TERM.II EXAM								

Mrs. Payal Rathod Subject Teacher



Std: VIII – Tapi & Narmada

## **SUB:MATHEMATICS**

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Activities	Portion for Term Exam & Periodic assessment
1	Apr'25	Chapter1: Rational Numbers Chapter2: Linear Equations in One Variables	13 13	23+03	Rational number Relay race	
2	Jun'25	Chapter 3: Understanding Quadrilaterals Chapter 4: Data Handling	15 04	19	Sum of exterior angles of a polygon is 360°	
3	Jul'25	Chapter 4: Data Handling Chapter 5: Squares and Squares Roots	05 22	27	Collect data and prepare a pie- chart	PT – I Ch- 1,2,3,
4	Aug'25	Chapter 6: Cubes and Cube Roots Chapter 11: Direct and inverse Proportion	10 12	22	Cooking recipe with proportion	
5	Sept'25	Revision for Term 1  Chapter 7 : Comparing Quantities	20 05	25		Term I Exam Ch – 1, 2, 3, 4, 5, 6, 11

Name of Subject Teacher & Sign. :

Mrs. Jyoti Rami



Std: VIII: Tapi & Narmada

**SUB: MATHEMATICS** Name of Chapter & Chapter No. & **Activities** Portion for Term Exam & Working Sr. **Days** Month Short form of book Periodic assessment required No. **Days** (if applicable) Chapter 7: Comparing Quantities 11 Apply discounts and taxes on Oct '25 11 6 real life problems Chapter 9: Mensuration 17 Identify any 3D object and find Nov'25 21 Chapter 13: Introduction to Graph 04 its surface area and volume Chapter 10: Exponents and Powers 9 PT II Ch- 7, 9, 13 8 Dec'25 Chapter8: Algebraic Expressions and 17 26 Make Exponent Tree **Identities** Chapter 12: Factorisation 23 Jan'26 23 Geometrical proof of identities 9 24 Term II 10 Feb'26 24 Revision for Term 2 Ch-1, 2, 3, 7, 8, 9, 10, 12, 13 21 Term-II-Examination Mar'26 21 11

Name of Subject Teacher & Sign. :

Mrs. Jyoti Rami

Std: VIII

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Practicals	Completed, if not or continue, kindly mention reason
1	April	Ch.1. Crop Production & Management Ch.2. Microorganism: Friend & Foe (cont)	23	23	1.To study different microorganisms using permanent slides.	
2	May	Ch.2. Microorganism: Friend & Foe (cont)	03	03		
3	June	Ch.2. Microorganism: Friend & Foe Ch.3.Coal and Petroleum	19	19	2. To show the sample of coal.	
4	July	Ch.4. Combustion and Flame Ch.5. Conservation of Plants & Animals	27	27	<ul><li>3. To study the different regions of a candle.</li><li>4. To show the ignition temperature of a substance.</li></ul>	
5	August	Ch.6. Reproduction in Animals Ch.7. Reaching the Age of Adolescence (cont)	22	22	5. To study binary fission in amoeba- Permanent slides.	
6	September	Ch.7. Reaching the Age of Adolescence I Term Exam.	25	25	Ch.1 to 7	

Name of Subject Teacher & Sign. : B.K.Gupta



Std: VIII

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Practicals	Completed, if not or continue, kindly mention reason
7	October	Ch.8. Force and Pressure Ch.9. Friction (cont)	11	11	6. To show that liquids exert pressure.	
8	November	Ch.9. Friction	21	21	7. To show factors affecting friction force.	
9	December	Ch.10. Sound Ch.11. Chemical Effect of Electric Current (cont)	26	26	<ul><li>8. To study that sound requires a medium to propagate.</li><li>9. To study the flow of current through various liquids.</li></ul>	
10	January	Ch.11. Chemical Effect of Electric Current (cont) Ch.12. Some Natural Phenomena	23	23	<ul><li>10. To observe the process of electroplating.</li><li>11. To show the transfer of charge through a electroscope.</li></ul>	
11	February	Ch.13. Light	24	24	12. To verify the laws or reflection by using a plane mirror.	
12	March	Final Exam.	21	21	Ch.4,6 & 8 to 13	

Name of Subject Teacher & Sign. : B.K.Gupta



**SUB: SOCIAL SCIENCE** 

Sr · N o.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Pedagogies	Completed, if not or continue, kindly mention reason
1	April	H1- How, When and Where C1- The Indian Constitution H2- From Trade to Territory	7 7 7	23		H1- Your own time line C1- Research - Any one country constitutions and comparing it with India's. H2- <b>Report Writing</b> – Trader in British India.	
2	May	H2- From Trade to Territory	3	03	-	H2- <b>Report Writing</b> – Trader in British India.	-
3	June	G1- Resources C2- Understanding Secularism	6 6	19		G1- Nature Walk – Natural resources in surrounding C2- <b>Interviews</b> – Speaking with people from different religious backgrounds about their experiences.	
4	July	H3 - Ruling the Country Side G2 - Land, Soil, Water H4 - Tribes, Dikus And Golden Age	6 7 7	27	<b>PT I</b> - H - 1 & 2 C - 1 G -1	H3- Case Study – Current land reforms for the farmers G2- <b>Debate</b> – "Is deforestation necessary for economic development?" H4- Story Telling - Birsa Munda.	
5	August	C3- Parliament and the Making of Laws G3 – Agriculture C4 – Judiciary	7 7 7	22		C3- Watching Parliamentary Sessions  – Encouraging students to observe Lok Sabha TV debates. G3- Field Visit – Observing agricultural practices in rural areas. C4- Mock Courtroom Session – Conducting a simulated trial.	
6	September	REVISION & I TERM EXAM	25	25	<b>TERM I</b> - H -1,2,3 & 4 C - 1,2,3 & 4 G - 1,2 & 3		

Name of Subject Teacher & Sign. :



Std: VIII

Completed, Name of Chapter & Chapter Portion for Term **Days** Working if not or continue, Sr. Month No. & Short form of book Exam & Periodic **Pedagogies** required No. Days kindly mention (if applicable) assessment reason H5 – When People Rebel - Role Play – Recreating the rebellion's 6 G4 – Industries 5 major events. 11 October G4- Factory Visit – Understanding realworld industry operations. H6– Educating the Natives, 7 - Case Study Discussion – Raja Civilising The Nation Rammohan Roy and educational C5 – Understanding 6 reforms. **C5- Storytelling Method** – Narrating margialization 8 November 21 C6 – Confronting Marginalisation stories of marginalized individuals. 6 C6- Mock Press Conference – Students act as activists advocating for rights. - Group Discussion – "What more H7 – Women, Caste and Reform 8 PT II -C7 – Public Facilities needs to be done for social equality?" H - 5 & 6C7- Survey Activity – Assessing public C-5G5- Human Resources 9 December 26 G-4facilities in students' localities. G5- Group Discussion – "Should India control its population?" H8 – The Making Of The - **Documentary Screening** – Films on 8 National Movement partition and nation-building. January 10 23 C8 – Law And Social Justice 7 C8- **Drama** – Performing a skit on labor 7 rights violations. February Revision for TERM II 11 24 23 TERM II H - 5, 6, 7 & 8**TERM II EXAM** 21 12 March 09 C - 5,6,7 & 8G-2, 3, 4 & 5

Name of Subject Teacher & Sign. :

Mr. Vaibhav Agarwal Principal

**SUB: SOCIAL SCIENCE** 



Std: VIII SUB: Computer

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April	Chapter 1 Popular E-Services	08 10	23+03		
	1	Chapter 2 Log on to Access				
2	May		03	03		
3	June	Chapter 2 Log on to Access Chapter 3 Working with Tables Revision for PT-1	05 09	19		
4	July	Chapter 4 Working with Queries, Forms & Reports Chapter 5 Introduction to 3D Modelling	08 07	27	PT – I Ch- 1,2,3 (02/07/2025)	
5	August	Chapter 5 Introduction to 3D  Modelling	15	22		
6	September	Revision for Term 1 Exam	10	25	Term I Exam Ch – 1, 2, 3, 4 & 5 (22/09/2025)	

Name of Subject Teacher & Sign. : Mrs. Manjula S Panicker



Std: VIII SUB: Computer

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	Chp 6 The Data Science Squad	06	11		
8	November	Chp 7 Smart Circuits Using Tinkercad Chp 8 Links and Frames HTML5	06 12	21		
9	December	Revision for PT II Chp 9 Iterative Statements in Python	06 15	26	PT II Ch- 6, 7 & 8 (08/12/2025)	
10	January	Chp 10 Gamification in Python	20	23		
11	February	Revision for Term II Term II Exam	24	24	Term II Ch- 6,,7, 8 & 9 (05/03/2026)	
12	March	Term II Exam	21	21		

Name of Subject Teacher & Sign. : Mrs. Manjula S Panicker



Std: VIII

**SUB: VALUE EDUCATION** 

Sr. No	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April	Kindness     Let's Kindness if Infectious	1 1	23		
	_	3. Sharing	1			
2	May	-	-	03	-	-
3	June	<ul><li>4. Expand your boundaries</li><li>5. Think Globally Act Globally</li><li>6. Acceptance</li></ul>	1 1 1	19		
4	July	7. Ode to Nature 8. Live Lightly 9. Eat Local	1 1 1	27		
5	August	11. A Balanced Life 12. & 13. Let's Find Out 14. Love Conquers All	1 1 1	22		
6	September	15. An Awfully Big Adventure	1	25	TERM I – Ch. – 1 to 15	
7	October	16. Peace Building 17. Peaceful Solution	1	11		
8	November	18. Individual Peace — World Peace 19. & 20. Music	1	21		
9	December	21.How To Choose Wisely 22. Integrity 23. Footprints	1 1 1	26		
10	January	24. Consequences 25.The Root Cause Of All Pollution	1 1	23		
11	February	ANNUAL EXAMINATION	-	24	TERM II – Ch. – 16 to 25	
12	March	ANNUAL EXAMINATION	-	21		

Name of Subject Teacher & Sign. :



Std: VIII TAPI & NARMADA

## **SUB:ART EDUCATION**

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days require d	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
		* Card Making * Wall hanging	7	7		
1	April	<ul><li>* Decorative forms</li><li>* Warli Painting</li><li>* Picture composition (Memory drawing)</li></ul>				
2	May	Sumer Vacation				
3	June	* Poster making  * Bottol art  * Pot Decoration  * Illusion	7	7		
4	July	* Calligraphy  * Still life (Poster colouring)	9	9		
5	August	* Memory Drawing-Mythological story  * Still life ( pencil shading)	6	6		
6	September	* Decorative Design  * Creative design	4	4	<ol> <li>Decorative design</li> <li>Picture composition</li> <li>Still Life</li> </ol>	

Name of Subject Teacher & Sign. :Ms.Nilima



## BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY NANI NAROLI

## SPLIT-UP SYLLABUS - 2025-2026

Std: VIII TAPI & NARMADA

**SUB:ART EDUCATION** 

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Periods allotted	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	* Landscape  * Craft work- (Paper Quilling)	3	3		
8	November	* Poster making  * Collage work  * 2D design	7	7		
9	December	* Design- free Hand  * Nature Drawing	6	6		
10	January	* Picture composition(based on mythological story)	7	7		
11	February	* Collage work	4	4	1. 2D Design 2. Nature Drawing 3. Quilling work	
12	March					

Name of Subject Teacher & Sign. :Ms.Nilima



Std:VIII

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Worksheet & Evaluation	Completed, if not or continue, kindly mention reason
1	April	Cricket (B & G) Table Tennis, Checkers Inter House Cricket-Boys, Carrom Inter House Cricket -Girls Yoga- Vajrasana, Trikonasana, Meditation Shuttle Run (B & G) VI to VIII	23	23		
2	May	Crciket Meditation Yoga- Vajrasana, Trikonasana,	3	3		
3	June	Basketball (B & G) Table Tennis, Yoga- Hast asana, Ardh Matsyendrasana Meditation, Carrom, Checkers Basket Ball Throw (B & G) VI to VIII	19	19		
4	July	Volley ball Theory of Kabaddi, Carrom, Checkers Yoga- Bhujangasana, Tadasana, Meditation Standing Broad jump (B & G) VI to VIII	27	27		
5	August	Football, Table Tennis, Carrom, Checkers Theory of Kabaddi Yoga- Paschimottasana, PavanMuktasana,Meditation	22	22		
6	September	Cricket-Boys, Volleyball, Throw ball -Girls Carrom, Checkers Yoga- Vajrasana, Trikonasana, Meditation	25	25	Term Evaluation	

Name of Subject Teacher & Sign. : Mr. Shetal G. Patel



Std:VIII SUB:P.E

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Worksheet & Evaluation	Completed, if not or continue, kindly mention reason
7	October	Inter House Tug of War Kabaddi, Theory of Kabaddi Yoga- Hastasana, Ardh, Matsyendrasana Meditation	11	11		
8	November	Inter House Throw ball(G) Inter House Volley Ball(B) Volley ball, Kabaddi, Meditation Theory of Kabaddi Yoga- Bhujangasana, Tadasana,	21	21		
9	December	Inter House Kabaddi (G & B) Football, Kabaddi, Theory of Kabaddi Yoga- Hastasana, Ardh, Matsyendrasana Meditation	26	26		
10	January	Kabaddi, Volley ball, Theory of Kabaddi Yoga- Bhujangasana, Tadasana, Meditation	23	23		
11	February	Basketball, Volley ball Yoga- Paschimottasana, PavanMuktasana, Meditation	24	24		
12	March		21	21	Term Evaluation	

Name of Subject Teacher & Sign. : Mr. Shetal G. Patel