

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY

NANI NAROLI

SPLIT – UP SYLLABUS – 2025-2026

STD: VII

SUB:HINDI

Sr. No.	Month	No. & Name of chapter & short form of book (if applicable)	Days required	Working days	Portion for Term exam & Periodic assessment	Activities
1	APRIL	१. हम पंछी उन्मुक्त गगन के (वसंत भाग – २) २. हिमालय की बेटियाँ (वसंत भाग – २) ५.शब्द भंडार (स.व्या.) अनुच्छेद लेखन , Revision	24	24		पिंजड़े में बंद पक्षी का चित्र बनाना नदियों का महत्व पर चर्चा
2	MAY	Revision, SUMMER VACATION	04	04		
3	JUNE	३.कठपुतली (वसंत भाग – २) ४.मिठाईवाला (वसंत भाग – २) ६.उपसर्ग-प्रत्यय(स.व्या.) १८.मुहावरे (स.व्या.), पत्रलेखन अध्याय १ से १० (बाल महा.), Revision PT - 1	17	17		कठपुतली बनाना अलग- अलग व्यवसाय के लोगों से बातचीत करना
4	JULY	५. पापा खो गए ६. शाम एक किसान, संवादलेखन ९.संज्ञा के विकारक तत्व-कारक ई-मेल अध्याय ११ से २० (बाल महा.), Revision	26	26	PT - 1 पाठ: १ से ४ ५.शब्द भंडार (स.व्या.) ६.उपसर्ग-प्रत्यय(स.व्या.) १८.मुहावरे (स.व्या.) अनुच्छेद लेखन, पत्रलेखन	नाट्य रूपान्तरण चित्र प्रस्तुति
5	AUGUST	७. अपूर्व अनुभव (वसंत भाग – २) १२.क्रिया , चित्र वर्णन, Revision- Term– 1	24	24		अपने अनुभव की प्रस्तुति
6	SEPTEMBER	Revision & Term Assessment – 1	23	23	Term Assessment – 1 पाठ: १ से ७ व्या:पाठ :५,६,९,१२,१८,महा.: १ से २०, अनुच्छेद लेखन, पत्रलेखन,ई-मेल,चित्र वर्णन	

Name & sign of Subject Teacher: Ms. Jyotsana

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY

NANI NAROLI

SPLIT – UP SYLLABUS – 2025-2026

STD: VII

Sr. No.	Month	No. & Name of chapter & short form of book (if applicable)	Days required	Working days	Portion for Term exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	८.रहीम के दोहे (वसंत भाग – २) ९.एक तिनका (वसंत भाग – २) १३.काल (स.व्या.), अध्याय २१ से ३० (बाल महा.)	21	21		अन्य दोहे खोजना
8	November	१०.खानपान की बदलती तस्वीर (वसंत भाग – २) ११.नीलकंठ १९.संवादलेखन, Revision- PT - 2	12	12		विज्ञापन ढूँढना पशु-पक्षियों के जीवन के बारे में संवाद लेखन
9	December	१२.भोर और बरखा (वसंत भाग – २) १५.अविकारी शब्द (स.व्या.) १७.विरामचिह्न (स.व्या.) अध्याय ३१ से ३५ (बाल महा.) २८.नारा लेखन	25	25	PT - 2 पाठ: ८ से ११ १३. काल (स.व्या.) १५. अविकारी शब्द (स.व्या.) संवादलेखन, अनुच्छेद लेखन	अन्य भक्ति रचना खोजना
10	January	१३.वीर कुँवरसिंह १४.संघर्ष के कारण मैं तुनुकमिजाज हो गया: धनराज (वसंत भाग – २) ३१.सन्देश लेखन अध्याय ३६ से ४० (बाल महा.)	24	24		स्वतंत्रता सेनानियों की सूची बनाना विभिन्न खेलों के प्रसिद्ध खिलाड़ियों की जानकारी लाना
11	February	१५.आश्रम का अनुमानित व्यय (वसंत भाग – २) १८.मुहावरे (स.व्या.), Revision- Term – 2	23	23		
12	March	Term Assessment – 2	09	09	Term Assessment – 2 पाठ: ८ से १५ व्या: १३, १५, १७, १८ महा.: २१ से ४०, संवादलेखन, नारा लेखन, सन्देश लेखन, चित्र वर्णन	

Name & sign of Subject Teacher: Ms. Jyotsana

Mr. Vaibhav Agarwal
Principal



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2025-2026

Std : VII Tapi& Narmada

SUB:ENGLISH

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic Tests	Activities
1	April& May 2025	L1. Three Questions - Honeycomb (HC) P1. The Squirrel – Poem HC L1.The Tiny Teacher - Supp. Reader (S.R) Grammar: L. 1, 2 & 3 Writing Skill : Notice Writing L2. Bringing up Kari - Supp. Reader (S.R)	6 2 4 6 4 4	23 + 3		Role Play: The King Dialogue Writing: Between the King and the Hermit / Stranger Story Writing: Fable writing
2	June2025	L2. A Gift of Chappals – HC P2. The Rebel – Poem HC Grammar: L. 4 & 5 Writing Skill: Guided Story Writing Revision for PT 1	6 2 4 4 3	19		Holiday Homework : Zine Making: Chappal Making (Collect pictures and information and make a Zine)
3	July 2025	L3. Gopal and the Hilsa Fish – HC P3. The Shed - Poem HC L3. Golu Grows a Nose - S.R Grammar: L. 6, 7, 8 & 9 ASL – Assessment in pairs (Term I)	4 2 4 9 8	7 + 20	PT – IHoneycomb: L1 & L2 P1& P2 Supp. Reader: L1 & L2 Grammar: L. 1 to 5	Comic Book Writing
4	August 2025	L4. The Ashes That Made Trees Bloom HC P4. Chivvy Poem HC L4. I Want Something in a Cage - S.R. Grammar: L. 10, 11 & 12 Revision for Term-I Exam.	6 2 4 8 2	22		Public Speaking: Story Telling – What Next ... after L. 4
5	September 2025	Revision for Term-I Exam Term I Exam. L5. Quality – HC	4 16 5	25	TERM-IHoneycomb: L1 to L4& P1 to P4 Supp. Reader: L1 to L4 Grammar: L 1 to 10	Public Speaking: Speak About - Handmade is Expensive but Durable.

Name & Sign of Subject Teacher.:

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SPLIT-UP SYLLABUS - 2025-2026

Std : VII Tapi& Narmada

SUB:ENGLISH

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Activities
6	October 2025	P5. Trees – Poem HC L5.Chandni - S.R. Grammar: L. 13, & 14	2 4 5	11		Mono Acting – Abbu Khan / Chandni
7	November 2025	L6. Expert Detectives – HC P6. Mystery of a Talking Fan – Poem HC L6. The Bear Story - S.R. Grammar: L. 18 Revision for PT-2	5 2 3 8 3	21		Process Writing: How to oil a fan / electric motor Debate – Looks are Deceptive
8	December 2025	L7.The Invention of Vita-Wonk- HC P7. Dad and the Cat and the Tree – P-HC P7. Garden Snake – Poem HC L7. A Tiger in the House - S.R Grammar: L. 15, 16, & 17 Writing Skill - Speech & Article Writing	3 2 2 3 10 4	7 + 19	PT-II Honeycomb: L5 & L6 P5 Supp. Reader: L5 & L6 Grammar: L. 11 to 14 & 18	Poem Writing: Humorous narrative poem
9	January 2026	L8. Homage to our Brave Soldiers – HC P8. Meadow Surprises – Poem HC L8. An Alien Hand - S.R. Grammar: L. 19, 20, 21 Writing Skill: Formal Letter – Leave Note	6 2 3 10 2	23		Expressing your Point of View: War Memorials – Tribute to the fallen ones / There is Life outside the Earth.
10	February 2026	ASL – Assessment in pairs (Term II) Revision for Term II Term II Exam	7 8 9	15 + 9	TERM – II	
11	March 2026	Term II Exam Result Preparation Session Break	8 7 6	21	Honeycomb: L5 to L8 & P5 to P8 Supp. Reader: L 5 to L8 Grammar : L 11 to 21	

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GUJARATI CLASS VII [TERM: I]					
Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Period required	Period Allotted	Portion for Worksheet & Evaluation	Activitys
April/May	Chapter No.1to3 & Nibandhalekhan,	3/3/2/2	10		ચિત્ર વર્ણન
June	Chapter No.4 & 5 Vyakaran & Chitravarnan Revision & ARTHAGRAHAN	2/2/2	6		સંરચનાત્મક લેખન
July	Chapter No.6,Gaddhalekha , Visheshan & Purvapratyay,	3/3/2	8	PT:I :-chap.no.1 to 5 Vyakaran & સંરચનાત્મક લેખન	નાટ્યસારાંશ
August	Chap.No.7 & 8, Parpratyay & Natyasaransh; Patralekhan	3/2/2	7		કવિતા ગાન
September	Arthagrahan & Revision TERM.I EXAM	2/2	4	TERM:I:-ch. 1 to 8 Vyakaran & સંરચનાત્મક લેખન	શ્રવણ કૌશલ્ય

GUJARATI CLASS VII [TERM : II]

Oct./Nov.	Chapter No.9 to 11; Patralekhan, Vyakaran & Revision	2/2 & 4/3	4 & 7		પત્ર લેખન
December	Chap.No.12 & 13, Nibandhalekhan	3/2/2	7	PT:II :-chap.no.9 to 12 Vyakaran & સંરચનાત્મક લેખન	કવિતા ગાન
January	Ch.No.14 & 15, Revision ARTHAGRAHAN	4/4	8		સંરચનાત્મક લેખન
February	Sanvad lekhan & vakya ane vakyana prakar & Revision TERM.II EXAM	1/5	6	TERM:II: Chap.no. 5, 7, 9 to 15 Vyakaran & સંરચનાત્મક લેખન	સંવાદ લેખન
March	TERM.II EXAM				--

Mrs. Payal Rathod
Subject Teacher

Mr. Vaibhav Agarwal
Principal



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS – 2025-26

Std : VII –Tapi & Narmada

SUB:MATHEMATICS

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Activities	Portion for Term Exam & Periodic assessment
1	Apr'25	Chapter1 : Integers Chapter2:Fractions and Decimals	13 13	23+03	Playing with number line	
2	Jun'25	Chapter 3: Data Handling	19	19	Fraction relay game	
3	Jul'25	Chapter 4: Simple Equations Chapter 5: Lines and Angles	19 07	27	Collect the data and represent graphically	PT I Ch- 1,2,3
4	Aug'25	Chapter 6 : The Triangle and its Properties Chapter 12: Symmetry	13 08	22	Create geometric pattern using different angles	
5	Sept'25	Revision for Term 1 Chapter 7: Comparing Quantities	20 05	25		Term I Ch- 1, 2, 3, 4, 5, 6, 12

Name of Subject Teacher & Sign. :
Mrs. Jyoti Rami

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BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS – 2025-26

Std : VII : Tapi & Narmada

SUB: MATHEMATICS

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Activities	Portion for Term Exam & Periodic assessment
6	Oct'25	Chapter 7: Comparing Quantities	11	11	Angle sum property	
7	Nov'25	Chapter 8: Rational Number Chapter 10: Algebraic Expressions	08 13	21	Play with rational numbers	
8	Dec'25	Chapter 9: Perimeter and Area Chapter 11 : Exponents and Powers	20 06	26	Fraction Art representing Rational numbers	PT II Ch- 7, 8, 10
9	Jan'26	Chapter 11 : Exponents and Powers Chapter 13: Visualising Solid Shapes	16 07	23	Make solids from net diagram	
10	Feb'26	Revision For Term II	24	24		Term II Ch- 1,2,4,7,8,9,10,11,13
11	Mar'26	Term–II-Examination	21	21		

Name of Subject Teacher & Sign. :
Mrs. Jyoti Rami

Mr. Vaibhav Agarwal
(Principal)



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
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SPLIT-UP SYLLABUS - 2025-2026

Std : VII

SUB: Science

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Practicals	Completed, if not or continue, kindly mention reason
1	April	Ch.1. Nutrition in Plants Ch.2. Nutrition in Animals (cont...)	23	23	1.To observe the presence of stomata on leaves.	
2	May	Ch.2. Nutrition in Animals (cont...)	03	03	2.To observe the growth of mould on a slice of bread.	
3	June	Ch.2. Nutrition in Animals (cont...) Ch.3. Heat	19	19	3. To show Conduction, convection and readiation.	
4	July	Ch.4. Acids, Bases and Salts Ch.5. Physical & Chemical Changes	27	27	4. To show that a neutralisation reaction. 5. Crastallisation of copper sulphate. 6. To show rusting of iron.	
5	August	Ch.6. Respiration in Organisms Ch.7. Transportation in Animals and Plants (cont..)	22	22	7. To find the presence of carbon dioxide in the air we exhale. 8. To demonstrate the process of transpiration.	
6	September	Ch.7. Transportation in Animals and Plants (cont..) I Term Exam.	25	25	Ch.1 to 7	

Name of Subject Teacher & Sign. : B.K.Gupta

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Std : VII

SUB: Science

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Practicals	Completed, if not or continue, kindly mention reason
7	October	Ch.8. Reproduction in Plants	11	11	9. To show the reproductive parts of a flower.	
8	November	Ch.9. Motion and Time (cont..)	21	21	10. To show the time period of a simple pendulum	
9	December	Ch.9. Motion and Time Ch.10. Electric Current & Its Effects	26	26	11. To show the heating effect of electric current 12. To demonstrate the magnetic effect of electric current. 13. To make an electromagnet.	
10	January	Ch.11. Light Ch.12. Forests: Our Lifeline (cont...)	23	23	14. To study the nature of convex and concave mirrors, and lens. 15. To verify that light travels in a straight line.	
11	February	Ch.12. Forests: Our Lifeline Ch.13. Wastewater Story	24	24	16. Act.13.4. Treatment of polluted water.	
12	March	Final Exam.	21	21	Ch.3,4,8 to 13	

Name of Subject Teacher & Sign. : B.K.Gupta

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BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
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SPLIT-UP SYLLABUS - 2025 - 2026

Std : VII

SUB: SOCIAL SCIENCE

Sr. No .	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Pedagogies	Completed, if not or continue, kindly mention reason
1	April	H-1- Tracing changes through thousand years C1- On Equality G-1 – Environment	7 7 6	23		- Old notebooks, coins, toys, terms- Poster Making – Creating awareness posters on equality. - Field Visit – Observing the local environment and identifying issues.	
2	May	G-1 – Environment	3	03		- Field Visit – Observing the local environment and identifying issues.	
3	June	H-2 – New kings and kingdoms C-2 – Role of Government in Health G2 – Inside Our earth	7 6 6	19		- Map Work - Case Studies – Analyzing health schemes like Ayushman Bharat. - Video Analysis – Watching animations on Earth's interior.	
4	July	H-3 –The Delhi Sultans C-3 – How the State Government works G-3 – Our Changing Earth	6 6 5	27	PT I H – 1,2 C – 1,2 G – 1,2	- Source Interpretation – Analyzing accounts of Ibn Battuta. - Mock Assembly – Enacting a legislative session. - Debate – "Can we completely prevent natural disasters?"	
5	August	G-4 – Air H-4 – The Mughal Empire C-4 – Growing Up As Boys And Girls	7 7 7	22		- Weather Observation – Recording daily temperature and wind patterns. - Role-Playing – Acting as Akbar's ministers making governance decisions. - Group Discussions – Debating gender stereotypes in advertisements and media.	
6	September	REVISION I TERM EXAM	25	25	TERM I H – 1, 2, 3 & 4 C – 1, 2, 3, 4 G – 1, 2, 3 & 4		

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Std : VII

SUB: SOCIAL SCIENCE

Sr. No .	Month	Name of Chapter & Chapter No. & Short form of book	Days required	Working Days	Portion for Term Exam & Periodic assessment	Pedagogies	Completed, if not or continue, kindly mention reason
7	October	H5 -Tribes, Nomads And Settled Communities C5 – Women Change The World	7 7	11		- Narration - A day in the life of a tribal person. - Interview - With working women about their challenges.	
8	November	G-5 - Water H6 – Devotional Path To The Divine C-6 – Understanding Media	6 7 7	21		- Visit – Water Treatment Plant - Recitation - Verses of Bhakti and Sufi poets. - Advertisement Analysis – Ads influence consumer behavior.	
9	December	H7– The Making Of Regional Culture G6– Human Environment – Tropical & Sub Tropical Regions C-7 – Markets Around Us	7 8 8	26	PT II - H – 5 & 6 C – 5, 6 G – 5	- Listening to the regional folk music. - Watching films - Rainforests and deforestation. - Role-Playing – Acting as buyers, sellers, and traders.	
10	January	C-8 – A Shirt In The Market H8 – 18 th Century Political Formation G-7 – Life In The Desert	7 7 6	23		- Case Studies – Labor conditions in textile industries/Diamond industries - Map Work - Map Work	
11	February	Revision for II Term	23	24			
12	March	II Term Examination	09	21	TERM II- H – 5, 6, 7 & 8 C- 1 , 5, 6, 7 & 8 G – 1 , 5, 6 & 7		

Name of Subject Teacher & Sign. :

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BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
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SPLIT-UP SYLLABUS - 2025-2026

Std : VII

SUB: Computer

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April	Chapter 1 Digital Defender Number System Chapter 2 Function Junction in Excel	08 05 08	23		
2	May		03	03	--	--
3	June	Chapter 2 Function Junction in Excel Chapter 3 Graphical Excellence in Excel	07 05	19		
4	July	Revision PT-I Chapter 4 The Language of Bot	08	27	PT – I Ch- 1,2,3 08/07/2025	,
5	August	Chapter 5 Circuit Drawing using Tinkercad	18	22		
6	September	Revision for Term 1 Exam	18	25	Term I Exam Ch – 1, 2, 3, 4 & 5 22/09/2025	

Name of Subject Teacher & Sign. : Mrs. Manjula S Panicker

Mr. Vaibhav Agarwal
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SUB: Computer

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7	October	Chp 6 Layers in Krita Chp 7 Krita in Motion	06 05	11		
8	November	Chp 7 Krita in Motion Chp 8 Control Flow in Python	05 13	21		
9	December	Revision – PT II Chp 9 HTML Trio: Lists, Tables, Images	13	26	PT II Ch- 6, 7 & 8 08/12/2025	
10	January	Chp 9 HTML Trio: Lists, Tables, Images Chp 10 Introduction to App Development	10 10	23		
11	February	Revision for Term II Term II Exam	24	24	Term II Ch- 6,, 7, 8, 9 & 10 05/03/2026	
12	March	Term II Exam	21	21		

Name of Subject Teacher & Sign. : Mrs. Manjula S Panicker

Mr. Vaibhav Agarwal
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BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
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SPLIT-UP SYLLABUS - 2025-2026

Std : VII Tapi & Narmada

SUB:VALUE EDUCATION

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Activities
1	April 2025	Love and Compassion Lesson 1, 2 & 3 Activity: Kindness Wall & Making Kindness Band	4	24+4		
2	June 2025	Global Unity Lesson 4, 5 & 6 Activity :Building Bridges & Creative Plays	4	17		
3	July 2025	Harmony With Nature Lesson 7, 8, 9 & 10 Activity- Trash to Treasure & Harmony With Nature in Your School	4	26		
4	August 2025	Health Lesson 11, 12, 13 & 14 Activity : Vibration of Food & Preparing a Snack	4	24		
5	September 2025	Heartfulness Lesson 15 & 16 Activity: Snake & Ladder Revision for Terminal Evaluation	4	23	TERM – I LESSON – 1 to 16	

Name & Sign of Subject Teacher.

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SUB:VALUE EDUCATION

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6	October 2025	Peace and Justice Lesson 17 & 18 Activity: Communicating Feeling & Five Spots	4	21		
7	November 2025	Creativity and Appreciation Lesson 19 & 20 Activity: Creative Challenges & Things to Do	2	12		
8	December 2025	Truth and Wisdom Lesson 21, 22 & 23 Activity: Ethical Dilemmas , Story & Tell or Silent	4	25		
9	January 2026	Sustainable Human Development Lesson 24 & 25 Activity: Cartooning for Change & Mudras	4	24		
10	February 2026	Revision for Annual Evaluation	4	23	TERM – II LESSON – 17 to 25	
11	March 2026	Annual Exam – Core Subject		16		

Name & Sign of Subject Teacher :

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SPLIT-UP SYLLABUS - 2025-2026

Std : VII TAPI & NARMADA

SUB:ART EDUCATION

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Periods allotted	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April	* Card Making * Wall hanging *Paper stencil-impression making *Design with Stencil * warli painting	10	10	-----	
2	May	Summer Vacation	---	----		
3	June	* Warli painting * Texture * Wall hanging * Monochromatic colours	8	8	-----	
4	July	* Stencil- spray painting * Reflection painting * Scrapping technique	10	10	-----	
5	August	* Paper roll texture *Silhouette painting	8	8	-----	
6	September	* Blurring technique * Pencil smudging technique	4	4	1. Warli painting 2. Monochromatic colours 3. Reflection painting	

Name of Subject Teacher & Sign. : Ms.Nilima

Mr. Vaibhav Agarwal
Principal



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2025-2026

Std : VII TAPI & NARMADA

SUB:ART EDUCATION

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Periods allotted	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	* Pencil Shading –tint, tone , shade * Memory drawing	3	3	-----	
8	November	*Collage work	5	5	-----	
9	December	* Family picture *Girl feeding birds	5	5	-----	
10	January	* Nature drawing * Human sketches	5	5	-----	
11	February	* Human sketches	4	4	1. Pencil shading 2. Girl feeding birds 3. Paper roll texture	
12	March	-----	-----		-----	

Name of Subject Teacher & Sign. :Ms.Nilima

Mr. Vaibhav Agarwal
Principal



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2025-26

Std :VII

SUB: P.E

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Worksheet & Evaluation	Completed, if not or continue, kindly mention reason
1	April	Cricket (B & G) Table Tennis, Checkers Inter House Cricket-Boys, Carrom Inter House Cricket -Girls Yoga- Vajrasana, Trikonasana, Meditation Shuttle Run (B & G) VI to VIII	23	23		
2	May	Crciket Meditation Yoga- Vajrasana, Trikonasana,	3	3		
3	June	Basketball (B & G) Table Tennis, Yoga- Hast asana, Ardh Matsyendrasana Meditation, Carrom, Checkers Basket Ball Throw (B & G) VI to VIII	19	19		
4	July	Volley ball Theory of Kabaddi, Carrom, Checkers Yoga- Bhujangasana, Tadasana, Meditation Standing Broad jump (B & G) VI to VIII	27	27		
5	August	Football, Table Tennis, Carrom, Checkers Theory of Kabaddi Yoga- Paschimottasana, PavanMuktasana, Meditation	22	22		
6	September	Cricket-Boys, Volleyball, Throw ball -Girls Carrom, Checkers Yoga- Vajrasana, Trikonasana ,Meditation	25	25	Term Evaluation	

Name of Subject Teacher & Sign. : **Mr. Shetal G. Patel**

Mr. Vaibhav Agarwal
Principal



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2025-26

Std :VII

SUB:P.E

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Worksheet & Evaluation	Completed, if not or continue, kindly mention reason
7	October	Inter House Tug of War Kabaddi, Theory of Kabaddi Yoga- Hastasana, Ardh, Matsyendrasana Meditation	11	11		
8	November	Inter House Throw ball(G) Inter House Volley Ball(B) Volley ball, Kabaddi, Meditation Theory of Kabaddi Yoga- Bhujangasana, Tadasana,	21	21		
9	December	Inter House Kabaddi (G & B) Football, Kabaddi, Theory of Kabaddi Yoga- Hastasana, Ardh, Matsyendrasana Meditation	26	26		
10	January	Kabaddi, Volley ball, Theory of Kabaddi Yoga- Bhujangasana, Tadasana, Meditation	23	23		
11	February	Basketball, Volley ball Yoga- Paschimottasana, PavanMuktasana, Meditation	24	24		
12	March	-----	21	21	Term Evaluation	

Name of Subject Teacher & Sign. : **Mr. Shetal G. Patel**

Mr. Vaibhav Agarwal
Principal