

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2024-2025

Std : VII Tapi & Narmada

SUB:ENGLISH

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April & May 2024	L1. Three Questions - Honeycomb (HC) P1. The Squirrel - Poem L1.The Tiny Teacher - Supp. Reader L2. A Gift of Chappals -Honeycomb P2. The Rebel – Poem Grammar: Revision Types of Adj. Adverbs	5 3 3 5 3 5	24 + 4		
2	June 2024	L2. Bringing up Kari - Supp. Reader L3. Gopal and the Hilsa Fish - Honeycomb P3. The Shed - Poem Revision & PT - I	4 4 2 7	17	PT-I Honeycomb : L1& L2 P1 & P2 Supp. Reader: L1 & L2 Grammar:Types of Adj+Adverb	
3	July 2024	L3.The Desert -Supp. Reader L4. The Ashes That Made Trees Bloom - P4. Chivvy L4.The Cop and the Anthem-Supp. Reader Grammar: Tenses and Usages Writing Skill: Informal Report Writing	3 5 3 5 4 6	26		
4	August 2024	L5. Quality – Honeycomb P5. Trees – Poem L5. Golu Grows a Nose - Supp. Reader Subject Integrated Activity – (L. 3) Revision & PT - II	4 2 5 3 10	24	PT – II -Honeycomb: L4 & L5 P4 & P5 Supp. Reader: L3 & L4 Grammar: Tenses and Usage & Types of Adj. Adverbs	
5	September 2024	ASL – Assessment in pairs Revision for Term I Term I Evaluation	6 7 10	23	TERM – I Honeycomb: L1 to L5 P1 to P5 Supp. Reader: L1 to L5 Grammar: Writing Skill, Adjective, Adverbs &Tenses	

Name & Sign of Subject Teacher.:

Mr. Vaibhav Agarwal
(Principal)

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Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic Assessment	Completed, if not or continue, kindly mention reason
6	October 2024	L6.I Want Something in a Cage -S.Reader L6. Expert Detectives - Honeycomb P6. Mystery of the Talking Fan -Poem L7. Chandni -Supp. Reader L7. The Invention of Vita-Wonk- HC P7. Dad and the Cat and the Tree –Poem	3 2 5 6 3 5	24		
7	November 2024	Writing Skill - Ad. & Poster Making L8. Fire: Friend and Foe - Honeycomb P8. Meadows Surprises – Poem L8. The Bear Story - Supp. Reader	3 5 1 1	10		
8	December 2024	L9. A Bicycle in Good Repair – HC P9. Garden Snake –Poem L9. The Tiger in the House -Supp. Reader Writing Skill - Story & Article Writing Grammar: Idioms & Proverbs Direct & Indirect PT - III	5 1 5 4 3 7	25	PT-III Honeycomb : L6 & L7 P6 & P7 Supp. Reader: L6 & L7 Grammar: Writing Skills + Idioms & Proverbs	
9	January 2025	L10 The Story of Cricket -Honeycomb L10. An Alien Hand-Supp. Reader Grammar: Infinitives and Usage ASL – Assessment in pairs PT - IV	5 3 3 6 7	24		
10	February 2025	Integrated Grammar: Error Finding, Edit Revision for Term-II Exam Term-II-Examination	6 7 12	25	PT-IV Honeycomb:L8 & L9+P9 Supp. Reader: L8 & L9 Grammar: Direct & Indirect	
11	March 2024	Result Preparation and Result	10	10	TERM – II L.10 + Portion of PT III + IV Integrated Grammar	

Name & Sign of Subject Teacher :

Mr. Vaibhav Agarwal
(Principal)

BHARTIYA VIDYA BHAVAN'S GIPCL ACADEMY

NANI NAROLI

SPLIT – UP SYLLABUS – 2024-2025

STD: VII

SUB:HINDI

Sr. No.	Month	No. & Name of chapter & short form of book (if applicable)	Days required	Working days	Portion for Term exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	APRIL	१.हम पंछी उन्मुक्त गगन के (वसंत भाग – २) २. हिमालय की बेटियाँ (वसंत भाग – २) ४.संज्ञा (स.व्या.) ६. सर्वनाम (स.व्या.निधि) अनुच्छेद लेखन , Revision	24	24		
2	MAY	Revision, SUMMER VACATION	04	04		
3	JUNE	३.कठपुतली (वसंत भाग – २) ४.मिठाईवाला (वसंत भाग – २) ५. संज्ञा के विकारक तत्व-कारक(स.व्या.) ७. विशेषण (स.व्या.निधि) अनौपचारिक पत्र १४.मुहावरे (स.व्या.) अध्याय १ से १० (बाल महा.), Revision	17	17	PT - 1 १.हम पंछी उन्मुक्त गगन के (वसंत भाग – २) २. हिमालय की बेटियाँ (वसंत भाग – २) ४.संज्ञा (स.व्या.) ६. सर्वनाम (स.व्या.निधि) अनुच्छेद लेखन	
4	JULY	५. पापा खो गए ६. शाम एक किसान संवादलेखन अध्याय ११ से २० (बाल महा.), Revision	26	26		
5	AUGUST	७. अपूर्व अनुभव (वसंत भाग – २) चित्र वर्णन (स.व्या.) Revision	24	24	PT - 2 ३.कठपुतली (वसंत भाग – २) ४.मिठाईवाला (वसंत भाग – २) ५. संज्ञा के विकारक तत्व-कारक(स.व्या.) ७. विशेषण (स.व्या.निधि), पत्र लेखन	
6	SEPTEMBER	Revision & Term Assessment – 1	23	23	Term Assessment – 1 पाठ: १ से ७ व्या:पाठ :४, ५, ६, ७, १४ महा.: १ से २०, अनुच्छेद लेखन, अनौपचारिक पत्र, संवादलेखन, चित्र वर्णन	

Name & sign of Subject Teacher: Ms. Jyotsana

Mr. Vaibhav Agarwal
Principal

BHARTIYA VIDYA BHAVAN'S GIPCL ACADEMY

NANI NAROLI

SPLIT – UP SYLLABUS – 2024-2025

Sr. No.	Month	No. & Name of chapter & short form of book (if applicable)	Days required	Working days	Portion for Term exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	८.रहीम के दोहे (वसंत भाग – २) ९.एक तिनका (वसंत भाग – २) १०.खानपान की बदलती तस्वीर (वसंत भाग – २) ८.क्रिया (स.व्या.) १०.अविकारी शब्द (स.व्या.) अध्याय २१ से ३० (बाल महा.), Revision	21	21		
8	November	Revision ११.संधि १२.वाक्य -विचार ई-मेल लेखन	12	12		
9	December	११.नीलकंठ १२.भोर और बरखा (वसंत भाग – २) १३.शब्द - रचना (उपसर्ग-प्रत्यय) (स.व्या.) १४.विरामचिह्न (स.व्या.) अध्याय ३१ से ३५ (बाल महा.) Revision & PT 3	25	25	PT - 3 ८.रहीम के दोहे (वसंत भाग – २) ९.एक तिनका (वसंत भाग – २) १०.खानपान की बदलती तस्वीर (वसंत भाग – २) ८.क्रिया (स.व्या.) १०.अविकारी शब्द (स.व्या.), चित्र वर्णन	
10	January	१३.वीर कुँवरसिंह १४.संघर्ष के कारण मैं तुनुकमिजाज हो गया: धनराज (वसंत भाग – २) १२.शब्द रचना (समास एवं उसके प्रकार) (स.व्या.) अध्याय ३६ से ४० (बाल महा.) Revision	24	24	PT - 4 ११.नीलकंठ १२.भोर और बरखा (वसंत भाग – २) ११.संधि १२.वाक्य - विचार , संवाद लेखन	
11	February	१५.आश्रम का अनुमानित व्यय (वसंत भाग – २) १५.मुहावरे (स.व्या.), Revision	23	23		
12	March	Term Assessment – 2	09	09	Term Assessment – 2 पाठ:८ से १५ व्या:८, १०, ११, १२,१३,१४,१५ महा.:२१ से ४०, अनुच्छेद लेखन, अनौपचारिक पत्र, ई-मेल लेखन , चित्र वर्णन	

Name & sign of Subject Teacher: Ms. Jyotsana

Mr. Vaibhav Agarwal
Principal



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY

NANI NAROLI SPLIT-UP SYLLABUS - 2024-2025

GUJARATI CLASS VII [TERM: I]

Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Period Allotted	Portion for Worksheet & Evaluation	Completed, if not or continue, kindly mention reason
April/May	Chapter No.1to3 & Nibandhalekhan,	2/2/2/2	8		
June	Vyakaran & Chitravarnan Revision & ARTHAGRAHAN	2/1/2	5	PT:I :-chap.no.1 to 3 (Nibandh, Vyakaran & Chitravarnan)	
July	Chapter No.4 to 6,Gaddhalekha , Visheshan & Purvapratyay, Revision	3/2/2	7		
August	Chap.No.7 & 8, Parpratayay & Natyasaransh; Patralekhan	3/2/2	7	PT:II :-chap.no.4 to 7 & Vyakaran & Chitravarnan P	
September	ARTHAGRAHAN & Revision	2/1/2	5	TERM:I:-ch. 1 to 8 Vyakaran & Nibandh, Chitravarnan	

GUJARATI CLASS VII [TERM : II]

Oct./Nov.	Chapter No.9 to 11; Patralekhan, Vyakaran & Revision	2/2/2 & 3	6 & 3		
December	Chap.No.12 & 13, Nibandhalekhan	3/2/2	7	PT:III :-chap.no.9 to 11 Vyakaran & Nibandh	
January	Ch.No.14 & 15, Revision ARTHAGRAHAN	4/3	7	PT:IV :-chap.no. 12 to 14	
February	Sanvad lekhan & vakya ane vakyana prakar, Revision & EXAM	1/5	6	TERM:II: Chap.no.9 to 15 Vyakaran & Nibandh/Patralekhan	
March	EXAM				

Mrs. Payal Rathod
Subject Teacher

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS – 2024-25

Std : VII –Narmada & Tapi

SUB:MATHEMATICS

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April'24 & May'24	Chapter1 : Integers Chapter 3: Data Handling	16 16	24 04		
2	June '24	Chapter2:Fractions and Decimals	17	17	PT-1 Ch- 1,3	
3	July '24	Chapter 4: Simple Equations Chapter 5: Lines and Angles	19 07	26		
4	August '24	Chapter 6 : The Triangle and its Properties Chapter: 12 Symmetry	16 08	24	PT-2 Ch- 2,4,5	
5	September '24	Revision for Term 1	13	23	TERM-1 Ch- 1,2,3,4,5,6,12	

Name of Subject Teacher & Sign. :
 Mrs. Jyoti Rami

Mr. Vaibhav Agarwal
 (Principal)

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS – 2024-25

Std : VII : Narmada & Tapi

SUB: MATHEMATICS

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
6	October'24	Chapter 7: Comparing Quantities Chapter 8: Rational Numbers	18 03	21		
7	November '24	Chapter 8:Rational Numbers	12	12		
8	December '24	Chapter 9 : Perimeter and Area Chapter 11: Power and Exponents	20 05	25	PT-III Ch- 7,8	
9	January'25	Chapter 10: Algebraic Expressions Chapter 13 :Visualizing Solid Shapes	16 08	24	PT-IV Ch- 9,11	
10	February'25	Revision For Term II	23	23		
11	March'25	Term–II-Examination		09	TERM-II Ch-7,8,9,10,11,13	

Name of Subject Teacher & Sign. :

Mrs. Jyoti Rami

Mr. Vaibhav Agarwal
(Principal)

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
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SPLIT-UP SYLLABUS - 2024-2025

Std : VII

SUB: Science

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April	Ch.1. Nutrition in Plants Ch.2. Nutrition in Animals (cont...)	24	24		
2	May	Ch.2. Nutrition in Animals (cont...)	04	04		
3	June	Ch.2. Nutrition in Animals (cont...) Ch.3. Heat	17	17		
4	July	Ch.4. Acids, Bases and Salts Ch.5. Physical & Chemical Changes	26	26		
5	August	Ch.6. Respiration in Organisms Ch.7. Transportation in Animals and Plants (cont..)	24	24		
6	September	Ch.7. Transportation in Animals and Plants (cont..) I Term Exam.	23	23	Ch.1 to 7	

Name of Subject Teacher & Sign. : B.K.Gupta

Mr. Vaibhav Agarwal
Principal

SPLIT-UP SYLLABUS - 2024-2025

Std : VII

SUB: Science

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	Ch.8. Reproduction in Plants	21	21		
8	November	Ch.9. Motion and Time (cont..)	12	12		
9	December	Ch.9. Motion and Time Ch.10. Electric Current & Its Effects	25	25		
10	January	Ch.11. Light Ch.12. Forests: Our Lifeline (cont..)	24	24		
11	February	Ch.12. Forests: Our Lifeline Ch.13. Wastewater Story	23	23		
12	March	Final Exam.	09	09	Ch.8 to 13	

Name of Subject Teacher & Sign. : B.K.Gupta

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY**NANI NAROLI
SPLIT-UP SYLLABUS - 2024 - 2025**

Std : VII

SUB:SOCIAL SCIENCE

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April	H-1- Tracing changes through thousand years C1- On Equality G-1 – Environment	6 6 6	24		
2	May	H-2 – New kings and kingdoms	4	04		
3	June	H-2 – New kings and kingdoms C-2 – Role of Government in Health	7 6	17	PT I H – 1,2 C – 1 G – 1	
4	July	H-3 –The Delhi Sultans G2 – Inside Our earth C-3 – How the State Government works G-3 – Our Changing Earth	6 6 5 6	26		
5	August	G-4 – Air H-4 – The Mughal Empire C-4 – Growing Up As Boys And Girls	8 8 8	24	PT II - H – 3 C – 2,3 G - 2	
6	September	REVISION I TERM EXAM	25	23	TERM I H – 1, 2, 3 & 4 C – 1, 2, 3, 4 G – 1, 2, 3 & 4	

Name of Subject Teacher & Sign. :

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2024 - 2025

Std : VII

SUB: SOCIAL SCIENCE

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	H5 -Tribes, Nomads And Settled Communities C5 – Women Change The World G-5 - Water	7 7 7	21		
8	November	H6 – Devotional Path To The Divine C-6 – Understanding Media	6 6	12		
9	December	H7– The Making Of Regional Culture G6– Human Environment – Tropical & Sub Tropical Regions C-7 – Markets Around Us	7 8 8	25	PT III - H – 5 & 6 C – 5 G – 5	
10	January	C-8 – A Shirt In The Market H8 – 18 th Century Political Formation G-7 – Life In The Desert	6 6 6	24	PT IV - H – 7 C – 6 & 7 G – 6	
11	February	Revision for II Term	23	23		
12	March	II Term Examination	09	09	TERM II- H – 5, 6, 7 & 8 C- 5, 6,7 & 8 G – 5, 6 &7	

Name of Subject Teacher & Sign. :

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2024-2025

Std : VII

SUB: Computer

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April	Chapter 1 Number System Chapter 2 Formulas and Functions	08 07	24		
2	May			04	--	
3	June	Chapter 2 Formulas & Functions Chapter 3 Advance Features of Excel	06 10	17	PT-1 (Chp 1 & 2) ()	
4	July	Chapter 3 Advance Features of Excel	20	26	PT-2 (Chp 3)	
5	August	Chapter 5 Layers in Krita Chapter 4 More on Python	10 13	24	()	
6	September	Chp 6 Animation using Krita Revision for Term 1 Exam	15 08	23	Term I (Chp 1 to 5) ()	

Name of Subject Teacher & Sign. : Mrs. Manjula S Panicker

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2024-2025

Std : VII

SUB: Computer

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
7	October	Chp 6 Animation using Krita Chp 7 More on HTML5	10 10	21		
8	November	Chp 7 More on HTML5	10	12		
9	December	Chp 8 Introduction to App Development Chp 9 Cyber Threats & Security	10 10	25	PT-3 (Chp 6 & 7) ()	
10	January	Chp 10 Introduction to Artificial Intelligence	10	24	PT-4 (Chp 8 & 9) ()	
11	February	Revision for Term II Term II Exam		23	Term II Exam (Chp 6 to 9) ()	
12	March	Term II Exam		09		

Name of Subject Teacher & Sign. : Mrs. Manjula S Panicker

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
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SPLIT-UP SYLLABUS - 2024-2025

Std : VII Tapi & Narmada

SUB:VALUE EDUCATION

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
1	April & May 2024	Love and Compassion Lesson 1, 2 & 3 Activity: Kindness Wall & Making Kindness Band	4	24+4		
2	June 2024	Global Unity Lesson 4, 5 & 6 Activity :Building Bridges & Creative Plays	4	17		
3	July 2024	Harmony With Nature Lesson 7, 8, 9 & 10 Activity- Trash to Treasure & Harmony With Nature in Your School	4	26		
4	August 2024	Health Lesson 11, 12, 13 & 14 Activity : Vibration of Food & Preparing a Snack	4	24		
5	September 2024	Heartfulness Lesson 15 & 16 Activity: Snake & Ladder Revision for Terminal Evaluation	4	23	TERM – I LESSON – 1 to 16	

Name & Sign of Subject Teacher.

Mr. Vaibhav Agarwal
(Principal)

SPLIT-UP SYLLABUS - 2024-2025

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SUB:VALUE EDUCATION

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Term Exam & Periodic assessment	Completed, if not or continue, kindly mention reason
6	October 2024	Peace and Justice Lesson 17 & 18 Activity: Communicating Feeling & Five Spots	4	21		
7	November 2024	Creativity and Appreciation Lesson 19 & 20 Activity: Creative Challenges & Things to Do	2	12		
8	December 2024	Truth and Wisdom Lesson 21, 22 & 23 Activity: Ethical Dilemmas , Story & Tell or Silent	4	25		
9	January 2025	Sustainable Human Development Lesson 24 & 25 Activity: Cartooning for Change & Mudras	4	24		
10	February 2025	Revision for Annual Evaluation	4	23	TERM – II LESSON – 17 to 25	
11	March 2025	Annual Exam – Core Subject		16		

Name & Sign of Subject Teacher :

Mr. Vaibhav Agarwal
(Principal)



BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY

NANI NAROLI SPLIT-UP SYLLABUS - 2024-2025

Std : VII

SUB:ROBOTICS

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Periods allotted	Remark
1	April	1.Robot Instruction 2.What is Robot 3.Robot Structure	18	3	
2	June	4. E-Circuit 5.Fun time activity 6.Lab Components	2	2	
3	July	Project-1:Traffic Light Project-2: Fire and smoke detector	4	4	
4	August	Project-3:Alcohol detection Project-4:Smart Car Parking	6	6	
5	September	Project-5:Smart Car Parking system	4	4	
6	October	Project-6:Smart IO T Lamp	3	3	
7	November	Project-7: Obstacle avoiding Robot	1	1	
8	December	Project-7:Bluetooth RC Car	4	4	
9	January	Project-7:Bluetooth RC Car	4	4	
10	February	Revision	2	2	

Name of Subject Teacher & Sign. :Ms.Nilima

Mr. Vaibhav Agarwal
Principal

BHARATIYA VIDYA BHAVAN'S GIPCL ACADEMY
NANI NAROLI
SPLIT-UP SYLLABUS - 2024-2025

Std :VII

SUB: P.E

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Worksheet & Evaluation	Completed, if not or continue, kindly mention reason
1	April	Cricket-Boys, Throw ball -Girls Yoga- Vajrasana, Trikonasana, Meditation Shuttle Run (B & G) VI to VIII Table Tennis, Carrom, Checkers, Chess	24	24		
2	May	Table Tennis, Carrom, Checkers, Chess	4	4		
3	June	Basketball, Table Tennis, Carrom, Checkers, Chess Yoga- Hast asana, Ardh Matsyendrasana Meditation Medicine Ball Throw (B & G) VI to VIII	17	17		
4	July	Standing Broad jump (B & G) VI to VIII Table Tennis, Carrom, Checkers, Chess Theory of Kabaddi Yoga- Bhujangasana, Tadasana, Meditation	26	26		
5	August	Football, Table Tennis, Carrom, Checkers, Chess Theory of Kabaddi Yoga- Paschimottasana, PavanMuktasana, Meditation	24	24		
6	September	Table Tennis, Carrom, Checkers, Chess, Throw ball -Girls Cricket-Boys Yoga- Vajrasana, Trikonasana, Meditation	23	23	Term Evaluation	

Name of Subject Teacher & Sign. : **Mr. Shetal G. Patel**

Mr. Vaibhav Agarwal
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Std :VII

SUB:P.E

Sr. No.	Month	Name of Chapter & Chapter No. & Short form of book (if applicable)	Days required	Working Days	Portion for Worksheet & Evaluation	Completed, if not or continue, kindly mention reason
7	October	Kabaddi, Theory of Kabaddi Yoga- Hastasana,Ardh,Matsyendrasana Meditation	21	21		
8	November	Kabaddi, Theory of Kabaddi Yoga- Bhujangasana,Tadasana,Meditation	14	14		
9	December	Football, Theory of Kabaddi Yoga- Hastasana,Ardh,Matsyendrasana Meditation	25	25		
10	January	Volley ball , Theory of Kabaddi Yoga- Bhujangasana,Tadasana,Meditation	24	24		
11	February	Basketball, Volleyball Yoga- Paschimottasana, PavanMuktasana,Meditation	23	23		
12	March	-----	9	9	Term Evaluation	

Name of Subject Teacher & Sign. : **Mr. Shetal G. Patel**

Mr. Vaibhav Agarwal
Principal